



**City of Leipzig**

# **Women's directory Leipzig**

**Informations and addresses of associations  
and institutions in Leipzig**

Publisher:  
Department of Gender Equality, Leipzig 2016

## **Welcome to Leipzig's women's directory**

There are many associations and institutions actively involved in the field of promoting equal opportunities for women and men in Leipzig. Protagonists of whatever sex in Leipzig do all that they can to create greater equality of opportunities in their daily work. They have ideas, develop projects and are involved in establishing the necessary support structures for disadvantaged women and men.

The Department of Gender Equality has been part of the city's government since 1990. The employees in the department are responsible for making equal opportunities a reality in Leipzig; they support citizens' political involvement in promoting equal opportunities and also initiate measures on their own – like action plans, events and publications – to combat any discrimination based on gender or sexual orientation.

You will find information about some of Leipzig women's associations, representatives and advisory offices at the following sites. Their objectives, what they offer and the contact information for the individual institutions are presented in compact form.

You will find details on how to obtain further information at the relevant Internet sites.

## Advisory Office for Pregnancy and the Family - City of Leipzig

### Contact details:

Gustav-Mahler-Strasse 1-3, 4109 Leipzig

Phone: 0341 123-6812 and 123-6813

E-mail: [jeanette.enders@leipzig.de](mailto:jeanette.enders@leipzig.de) [claudia.gansauge@leipzig.de](mailto:claudia.gansauge@leipzig.de)

Internet: [www.leipzig.de](http://www.leipzig.de)

### Objective:

Pregnancy counselling, advice in pregnancy conflict situations (able to issue proof of having attended abortion counselling in line with Section 219), advice for individuals and couples, advice on contraception, psycho-social advice during pre-natal examinations, sexual education group services.

### What it offers:

Opening hours:

Monday: 9 a.m. – 3 p.m.

Tuesday: 9 a.m. - midday, 2 p.m. – 6 p.m.

Wednesday: 9 a.m. – 4 p.m.

Thursday: 9 a.m. – midday and 2 p.m. – 4 p.m.

Friday: by arrangement

### Contact partners:

Ms Claudia Gansauge,

Ms Jeannette Enders

### Target groups:

Pregnant women, families or children and young people from different educational facilities

### We speak:

English (simple), Bulgarian (simple)

**Contact details:**

Kochstrasse 14

04275 Leipzig

Phone: 0341 3039492

E-mail: [info@adb-sachsen.de](mailto:info@adb-sachsen.de) // Advice: [beratung@adb-sachsen.de](mailto:beratung@adb-sachsen.de)

Internet: [www.adb-sachsen.de](http://www.adb-sachsen.de)

**Objective:**

The Saxon anti-discrimination office is an advisory and information centre and a further training body providing support for all issues related to the subject of discrimination and equal opportunities.

**What it offers:**

If you have suffered any discrimination because of your gender or because you are lesbian, homosexual, bi-sexual or transgender or because of your age, disability, background, any racist clichés or your religious affiliation – we can help you!

Our advisory services are confidential and free of charge for those affected. We listen, inform you about your rights and draw up suitable courses of action together with those seeking help and support them as they implement the solutions.

**Opening hours:**

Tuesday 2 p.m. – 5 p.m.

Thursday 9 a.m. – midday and 2 p.m. – 5 p.m. or by arrangement

To avoid having to wait, please arrange an appointment on the phone or by mail.

**Contact partner:**

Iris Fischer-Bach

**Target groups:**

People who have been affected by discrimination.

**We speak:**

German, English, French and Greek.

If you require an interpreter for a different language, please let us know.

If you need a sign language interpreter, please send a mail to: [info@adb-sachsen.de](mailto:info@adb-sachsen.de).



## Department of Gender Equality

### Contact details:

Burgplatz 1, Zi. 24, 04109 Leipzig

Phone: 0341 123-2689

E-mail: [gleichstellung@leipzig.de](mailto:gleichstellung@leipzig.de)

Internet: [www.leipzig.de](http://www.leipzig.de)

### Objective:

To implement the basic equal rights for women and men and eliminate any discrimination on the basis of gender or sexual orientation

### What it offers:

- European Charter for Equality of women and men in local life and an Equality Action Plan for Leipzig
- Local networking and cooperation between women's organisations, women's political bodies and equal opportunities officers at public bodies and companies
- Advisory board for equal opportunities (administrative office)
- Advice and support for equal opportunities associations, initiatives and projects
- Promoting, coordinating and supporting women's projects and initiatives
- Professional support for women and combining family and career
- Projects and initiatives for the equal treatment of lesbians/homosexuals and transgender people
- Awarding the Louise-Otto-Peters Prize
- Events and publications
- A complaints office for any discrimination based on gender or sexual orientation

### Opening hours

Tuesday: 9 a.m. – 6 p.m.

Thursday: 1 p.m. – 4 p.m.

### Contact partners

Genka Lapön, Head of Department and Equal Opportunities Officer

Phone: 0341 123-2689 E-mail: [gleichstellung@leipzig.de](mailto:gleichstellung@leipzig.de)

Karin Kürsten, Budget and Secretary

Phone: 0341 123-2689 E-mail: [Karin.Kuersten@leipzig.de](mailto:Karin.Kuersten@leipzig.de)

Kathrin Darlatt, Deputy Head of Department and Officer for People of Same-Sex Orientation

Phone: 0341 123-6742 E-mail: [Kathrin.Darlatt@leipzig.de](mailto:Kathrin.Darlatt@leipzig.de)

Susann Hänel, PR and project coordination worker, European Charter for the Equality of Women and Men in local life

Phone: 0341 123-2684 E-mail: [Susann.Haanel@leipzig.de](mailto:Susann.Haanel@leipzig.de)

### Target groups:

citizens of the city of Leipzig

### We speak:

German, English, Bulgarian, Russian. If you require an interpreter for a different language, please let us know.

## **Feministische Bibliothek MONALiesA / Lotta e.V.**

### **Contact details:**

Bernhard-Göring-Str. 152, 4. OG 04277 Leipzig

Phone: 0341/94672129

E-mail: [monaliesa\\_leipzig@gmx.de](mailto:monaliesa_leipzig@gmx.de)

Internet: [www.monaliesa.de](http://www.monaliesa.de), [facebook.com/MONALiesAleipzig](https://www.facebook.com/MONALiesAleipzig)

### **Objective:**

The MONALiesA has been providing professional library, archive, education and cultural work since 1990. We want to use our library and our events to maintain and push ahead with our focus on feminist theory and practice. The library is primarily a place for exchanging ideas and discussing issues.

### **What it offers:**

The library makes available more than 20.000 media items, which can be borrowed, including novels, feminist theory, advisory books, literature for girls, magazines and films. It is home to a major collection of grey literature and queer feminist archives. Readings, discussions, workshops and excursions take place regularly.

### **Opening hours:**

Tuesday to Thursday 3 p.m. – 7 p.m. and by arrangement

### **Contact partners:**

Barbara Schnalzger, Anne Richter

### **Target groups:**

Students, research scientists, girls, young women, interested people from each sex, feminist groups that need a place for their events and meetings

### **We speak:**

German, English

**FiA – Women at Work. Women in Action**  
**Inter-cultural women’s information and meeting centre**  
A project by the Socio-Cultural Centre for Women’s Culture in Leipzig

**Contact details:**

Konradstr. 62, 04315 Leipzig

Phone: 0341 – 58 15 45 15

E-mail: [hallo@fia-leipzig.de](mailto:hallo@fia-leipzig.de)

Internet: [www.fia-leipzig.de](http://www.fia-leipzig.de)

**Objective:**

The FiA intercultural information and meeting centre is a women’s-only place, where women, particularly those with a migrant background, are informed and assisted to enable them to find job training, work experience, further qualifications or a realistic pathway into employment. As a result of the gender-specific aspect of the FiA information and meeting centre, the opportunities are greater that women from different cultural backgrounds and religions will want to and be able to visit this place.

FiA is a social/communicative interface between the users and the most important organisations that arrange jobs or provide guidance about employment like the CCI, the Chamber of Crafts, job centres, the Labour Agency, the German Trades Unions, regional companies, counselling centres or employment support facilities.

**What it offers:**

Major areas of focus:

- training and specific job events
- information | advice on employment, training and specialist qualifications
- support when stepping out into (new) career paths

Information about:

- health & doctors’ visits
- suitable German courses
- knowledge about schools, parent’s evenings and school enrolment
- being active: sewing, support for using computers and writing applications

**Opening hours:**

Monday – Friday from 10 a.m. until 3 p.m.

plus events during afternoons and at weekends

**Contact partner:**

Amal El-Abd

**Target groups:**

All interested women with or without a migrant background

**We speak:**

German, Arabic, Turkish, Kurdish, Spanish, French & English

**Förderverein sozialer Projekte e.V.  
Women's and children's refuge in Leipzig**

**Contact details:**

PSF 101032 04010 Leipzig  
Phone: 0341 2324277  
E-mail: [fh@frauenhaus-le.de](mailto:fh@frauenhaus-le.de)  
Internet: [www.frauenhaus-le.de](http://www.frauenhaus-le.de)

**Objective:**

The women's and children's refuge in Leipzig supports women affected by domestic violence as they make their way towards a violence-free and self-determined life. The women's and children's refuge in Leipzig seeks to remove any taboos regarding violence in the immediate social environment and support the development of skills for women and children affected by violence geared towards the resources that are available.

**What it offers:**

- Safety and anonymity
- (Anonymous) counselling and information on domestic violence
- Support when visiting public authorities and arranging relevant helpers
- Crisis management

**Opening hours:**

Monday – Friday from 8 a.m. – 6 p.m.  
The women's and children's refuge can be reached on the phone 24/7 in emergencies.

**Contact partners:**

Franziska Stephan (Director), Sandra Keyselt (Deputy Director)

**Target groups:**

Women and their children, who are affected or threatened by violence.

**We speak:**

German and English. We have interpreters for all other languages.

**Frauen für Frauen e.V. (women's counselling centre)**

**Contact details:**

Karl-Liebknecht-Strasse 59, 04275 Leipzig  
Phone: 0341 3919791  
E-mail: [kontakt@frauenberatung-leipzig.de](mailto:kontakt@frauenberatung-leipzig.de)  
Internet: [www.frauenberatung-leipzig.de](http://www.frauenberatung-leipzig.de)

**Objective:**

Psychological support, specific counselling for women dealing with trauma

**What it offers:**

(Trauma) counselling for women with post-trauma stress disorders

**Opening hours:**

Arrange an appointment on the phone

**Contact partner:**

Uta Avenarius

**Target groups:**

Women

**We speak:**

German, English

**Frauen für Frauen e. V. Leipzig (women's emergency number)  
Specialist counselling centre for sexual violence**

**Contact details:**

Karl-Liebknecht-Strasse 59, 04275 Leipzig  
Phone: 0341 3911199  
E-mail: [kontakt@frauennotruf-leipzig.de](mailto:kontakt@frauennotruf-leipzig.de)  
Internet: [www.frauennotruf-leipzig.de](http://www.frauennotruf-leipzig.de)

**Objective:**

Specialist counselling centre for sexual violence

**What it offers:**

Crisis intervention, stabilisation, bridging the gap until the start of any treatment

**Opening hours:**

Appointments by arrangement; the centre can be contacted around the clock

**Contact partner:**

Susanne Hampe

**Target groups:**

Adults affected by rape, sexual coercion or sexual abuse during childhood, supporting relatives and friends, opinion formers and institutions

**We speak:** German, English

## **Frauen für Frauen e.V. (1<sup>st</sup> independent women's refuge)**

### **Contact details:**

Frauen für Frauen e.V., 1. Autonomes Frauenhaus Leipzig

PSF 310716, 04211 Leipzig

Phone: 0341 4798179

E-mail: [kontakt@frauenhaus-leipzig.de](mailto:kontakt@frauenhaus-leipzig.de)

Internet: [www.frauenhaus-leipzig.de](http://www.frauenhaus-leipzig.de)

### **Objective:**

It is our objective to offer shelter and counselling to women and their children affected or threatened by domestic violence. We do not just believe that violence involves punching and kicking. Violence starts when affected people are oppressed, dominated or controlled. Violence therefore involves any behaviour, which has a damaging effect on a person at a physical, psychological, sexual, social or emotional level, and prevents the affected persons from independently shaping their own lives.

Our services are directed at all women, regardless of their culture, religion or background.

### **What it offers:**

#### **The women's refuge offers**

- safety and anonymity
- counselling and private conversations
- group therapy
- a set counsellor for you and your children
- an overview of bureaucratic issues
- networking with important specialist services

#### **... and acts as an agency**

- in legal matters (family law, tenancy law, law concerning foreigners, criminal law)
- when looking for apartments
- when contacting public bodies
- with children's centres and schools

During any stay at the women's refuge, an employee is available to act as contact partner. You can work through your life story and experience of violence during discussions, which take place at regular intervals, develop individual strategies for self-assertion and plan the next steps for your life.

#### **You receive clarification and information about**

- your rights inside and outside marriage and any partnership
- the Protection Against Violence Act
- financial entitlements for yourself and your children

### **Opening hours:**

You can contact us 24 hours a day.

### **Contact partners:**

Trained social education workers

### **Target groups:**

Women and children affected or threatened by domestic and/or sexual violence.

### **We speak:**

German and English

If the counsellors do not speak your native language, interpreters will help during counselling sessions.

**Frauen für Frauen e.V. - S. H. E. (Shelter Help Empowerment)  
Refuge for women fleeing difficult situations**

**Contact details:**

0341 44 23 82 29

[help@she-leipzig.de](mailto:help@she-leipzig.de)

[www.she-leipzig.de](http://www.she-leipzig.de)

**Objective:**

Protection, stabilisation and the resource-oriented enhancement of linguistic, cultural and legal skills are designed to strengthen women's self-confidence and ability to act and show them that they need not face violence in their new home without any protection and assistance. Women can plan their future in a secure environment.

**What it offers:**

A secure place, anonymity, legal advice, support when needing to go to public authorities, arranging interpreters, organising special facilities to promote development, low-threshold, culture-sensitive assistance in handling everyday life in their new home.

You receive clarification and information about the legal system in Germany, financial claims for yourself and your children.

**Opening hours:**

You can contact us 24 hours a day.

**Contact partners:**

Trained social education workers, who offer women help to help themselves

**Target groups:** Women aged 18 and over, who have fled, and their children, who are exposed to gender-specific violence in the form of physical, psychological and/or sexualised violence at initial reception facilities, in local authority shared accommodation or in local housing – or who face the threat of this. This is only available if women voluntarily visit the S. H. E. refuge.

**We speak:**

German, English, Hungarian, Russian

## Frauenselbsthilfe nach Krebs, LV Sachsen e.V., Leipzig group

### Contact details:

Miltitzer Dorfstrasse 7 04205 Leipzig

Phone: 0341 9404521 or 0341/9420297

E-mail: [i.hager@frauenselbsthilfe.de](mailto:i.hager@frauenselbsthilfe.de)

Internet: <https://forum.frauenselbsthilfe.de>

### Objective:

To support women and men suffering from cancer and their relatives

### What it offers:

- Meetings for elderly and younger people affected by the disease – discussion groups
- Annual programme: swimming, hiking, arts and crafts

### Opening hours:

Contact by phone or e-mail

Appointments by arrangement

### Contact partners:

Ingrid Hager, Ruth Wagner

### Target groups:

Women and men, 20 – 45 and 46 – 80 and older

All kinds of cancer – the sense of fear is identical!

### We speak:

German

**Contact details:**

Haus des Buches Leipzig  
Gerichtsweg 28  
01403 Leipzig  
Phone: 0341 9954167, Fax 0341 9954168  
E-mail: [gedok.leipzig@gmx.de](mailto:gedok.leipzig@gmx.de)  
Home page: [www.gedok-leipzig.de](http://www.gedok-leipzig.de)  
Facebook: [www.facebook.com/Gedokleipzig](http://www.facebook.com/Gedokleipzig)

**Objective:**

**GEDOK stands for Gemeinschaft Deutscher und Oesterreichischer Künstlerinnenvereine** aller Kunstgattungen (Community of German and Austrian Female Artist Associations for All Art Genres): applied arts, fine arts, performing arts, literature and music. GEDOK was founded in 1926 as the link between female artists and the general public. Using many interdisciplinary art projects, exhibitions, readings and concerts, GEDOK has been successfully spotlighting the works and performances of its female artists. GEDOK Leipzig/Sachsen e.V. is one of 23 regional groups within the federal association.

**What it offers:**

Interdisciplinary exhibitions, individual exhibitions, e.g. in GEDOK's "en passant gallery" in the foyer on the 1<sup>st</sup> floor of Haus des Buches, an all-year GEDOK open-air gallery on Alte Salzstrasse, on the wall of the park cemetery in Leipzig-Plagwitz, an open-air exhibition at the park cemetery in Leipzig-Plagwitz, readings with and without music, concerts, discussions among female artists, visits to the female artists' studios, art symposia, workshops or a series of panel discussions entitled "Talking about Art". All the events can be found in the event calendar on the home page or on Facebook.

Publications: catalogues, literary publications

The foundation sells paintings from Isolde Hamm's estate.

**Opening hours:**

Tuesday from 11 a.m. until 2 p.m. or by arrangement

**Contact partners:**

Brunhild Fischer, Chairperson  
Brigitte Blattmann, Deputy Chairperson

**Target groups:**

Female artists from any disciplines  
Those interested in art

**We speak:**

German, English (simple)

**Girlz\*Space - Mädchenräume  
Frauen für Frauen e.V.**

**Contact details:**

Karl-Liebknecht-Str. 59

04275 Leipzig

E-mail: [maedchenarbeit@frauenfuerfrauen-leipzig.de](mailto:maedchenarbeit@frauenfuerfrauen-leipzig.de)

Website: <http://www.girlzspace.de/>

Phone: Lisa: 0176 – 80687056 Tina: 0176 – 80686061

**Objective:**

Open and heteronormative-critical youth work for girls\* and young women\*. The association aims to create and arrange purposeful and individually adaptable amenities for girls. The principle of inclusion and integration applies here.

**What it offers:**

Workshops on subjects like love, sexuality, feelings, bullying, violence, leisure activities (art, sports etc.), counselling. We also visit youth clubs, leisure meeting points or schools.

**Opening hours:**

By arrangement

**Contact partner:**

Lisa Baumann

**Target groups:**

girls and young women aged up to 27, (educational) specialists, multipliers, parents

**We speak:**

German, English, French

If you require an interpreter for a different language, please let us know.

## Hörfunk- und Projektwerkstatt Leipzig e.V. (HUP)

### Contact details:

Paul-Grüner-Str. 62

04107 Leipzig

[medienbildung@hup-le.de](mailto:medienbildung@hup-le.de)

0341/3010097

### Objective:

HUP operates the radio workshop project for children and young people.

Various radio projects take place with media educational support and tuition at the **radio workshop** for children and young people.

Ranging from a school project to a radio play class, from a short holiday radio project to long-term work in a children's and young people's editorial department: children, young people and young adults can experiment with the medium of radio here and use it as a means of expression for themselves. All the results, which are created as radio broadcasts, are transmitted in the programme of "Radio blau":

- Every Monday and Thursday between 6 p.m. and 7 p.m.
- On jung&blau – the broadcasting platform for children's and young people's programmes.

### What it offers:

- Girls' radio editorial department – radio broadcasts for girls by girls
- Radio workshops for girls (by request)
- Media projects for girls - (Internet, radio, film etc.) in cooperation with other Leipzig media centres and the Girls' Working Group
- Radio workshops for women
- Further training courses for teachers in the field of gender-specific media education

### Opening hours:

By arrangement or registration

### Contact partners:

Ulrike Hänisch, Katja Röckel, Ralf Kirmse

### Target groups:

Children and young people, parents, multipliers, students

### We speak:

German and English

## **Internationale Frauen Leipzig e.V.**

### **Contact details:**

Konradstrasse 60a (Bürgertreff Volkmarisdorf)

04315 Leipzig

Phone: 0341/6888940

E-mail: [frauenverein-leipzig@hotmail.de](mailto:frauenverein-leipzig@hotmail.de)

Website: [if-leipzig@hotmail.de](mailto:if-leipzig@hotmail.de)

### **Objective:**

The association's objective is to promote contact and dialogue between women and their families from different cultures and backgrounds. The association promotes an understanding of ways of thinking and living in other cultures, particularly between Germans and people who have come to the country from other cultural groups. It offers assistance to enable people to help themselves and makes a contribution towards gender equality and promoting personal initiative and the personal development of women. The work among women in special situations and those facing particular social difficulties is very important to the group – e.g. women affected or threatened by violence, single parents and women who are socially isolated.

### **What it offers:**

- Regular advice and support for various areas of daily life in different languages (e.g. help with filling in applications and forms from public authorities, understanding and answering official letters, arranging matters with official bodies, accompanying people to doctors and hospitals ...).
- Information and conversation opportunities (e.g. at the mother/child café, the intercultural women's breakfast or the creative design workshop).
- Cultural events, e.g. courtyard festivals, women's dance evenings, country evenings, traditional festivals involving different cultures ...

### **Opening hours:**

Monday – Wednesday: 10 a.m. – 4 p.m.

Thursday: 10 a.m. – 2 p.m.

Fridays: 9 a.m. - midday

### **Contact partners:**

Dr. Anke Kästner (Executive Director), Yesim Sanli (Chairperson)

### **Target groups:**

Women with or without a migrant background and their families

### **We speak:**

Arabic, Turkish, Kurdish, Russian, Vietnamese, English and German

**LEBENSZEITEN**  
**Verein für Mädchen und Frauen e. V.**

**Contact details:**

Melscher Str. 1, 04299 Leipzig  
Phone / fax / answering machine: 0341 - 25 65 99 85  
E-mail: Lebenszeitenev@aol.com  
Web: www.lebenszeiten.leipzigerinnen.de

**Objective:**

To enable meetings of various generations of women to exchange knowledge and experiences and therefore increase their quality of life. To support life plans of women or girls and help implement them, hold on to them and make them available to the general public. To focus on discrimination, violence, aging and dying from a female point of view in order to remove taboos for those affected and arrive at a suitable approach to these issues in society.

**What it offers:**

- A women's counselling facility (free of charge and anonymous, if required)
- Regular women's groups on certain subjects, e.g.
  - therapeutic art encounter group (every two weeks)
  - the mother-daughter relationship
  - an encounter group for women
  - Wen-Do – self-assertion and self-defence  
(long-term courses for women, weekend courses for mothers and daughters)
  - circle dancing for women
  - legal advice for women free of charge  
(the last Monday of each month from 6 p.m. until 8 p.m.)
  - seminars, lectures, including events on a wide range of topics by and about women from a female point of view
  - a women's breakfast (on the 4<sup>th</sup> Thursday of each month)
- A list of female psychotherapists

**Target group:** Girls and women of any age

**Opening hours:**

You can obtain counselling appointments and information on the services on the phone or personally at the following times:

Monday: 2 pm. – 4 p.m.  
Tuesday: 10 a.m. - midday  
Wednesday: 2 p.m. – 6 p.m.  
Thursday: 10 a.m. - midday

**Contact partner:**

Ms Jana Kusnezow

**We speak:** German, Russian (but not in a counselling context)

## **Louise-Otto-Peters-Gesellschaft e.V.**

*Member of the "i.d.a." umbrella organisation of German-speaking women's and lesbian archives*

### **Contact details:**

Gerichtsweg 28, 04103 Leipzig

Phone/fax 0341 58151522

E-mail: [info@lopleipzig.de](mailto:info@lopleipzig.de)

[www.louiseottopeters-gesellschaft.de](http://www.louiseottopeters-gesellschaft.de)

### **Objective:**

The goal is to continue research into the life and work of the poet, author, journalist and female politician Louise Otto-Peters (1819 – 1895), publicise this and honour it through:

- collecting, preserving and scientifically exploring all the writings by Louise Otto-Peters and about her,
- maintaining existing memorial sites and initiating new ones for the feminist movement,
- publishing new results of research in the LOUISEum publication series,
- naming streets after the founders of the German feminist movement,
- addressing women's rights today.

### **What it offers:**

- Louise-Otto-Peters archives with a library since 1997,
- an annual Louise-Otto-Peters day,
- exhibitions, events
- guided city tours on the German feminist movement,
- work experience.

### **Opening hours:**

Tuesday and Thursday 1 p.m. – 5 p.m. (except on public holidays) and by arrangement

### **Contact partners:**

Dr. Sandra Berndt (Chairperson)

Gerlinde Kämmerer (Deputy Chairperson)

Dr. Heiner Thurm (Treasurer)

Barbara Kunze (Archives)

### **Target groups:**

Historians, people conducting research into women or the local region, women's associations and archives, students, pupils, writers and interested lay people

### **We speak:**

German; you may send written enquiries in English too.

## Mütterzentrum e.V. Leipzig

### Contact details:

Wiesenstrasse 20 Leipzig 04329

Phone: 0341/2334678

E-mail: [info@muetterzentrum-leipzig.de](mailto:info@muetterzentrum-leipzig.de) (Laura Will)

Internet: <http://www.muetterzentrum-leipzig.de/>

### Objective:

Parents (to-be) and children can get to know each other, exchange ideas, gain information, obtain help or simply spend their everyday lives together at the open meeting point, which forms the heart of the family centres.

### What it offers:

- Midwife surgeries, antenatal classes, back strengthening gymnastics, yoga during pregnancy, antenatal parent-baby dialogue
- An open family meeting place, toddlers' and play groups, breastfeeding groups (La Leche League), baby sports, yoga with babies, baby massage, second-hand clothing
- Intercultural toddlers'/play groups and family afternoons, Atenea Project (German/Spanish Friendship), German-Brazilian family meeting point, Italiani a Lipsia
- And much more

### Opening hours

Grünau family centre: Mon 9–12, Tues 9–1 and 3–6, Wed 9–1, Thu 9–1 and 3–6

Paunsdorf family centre: Mon 9–1:30, Tues 9–1:30 and 3–6, Wed 9–1:30, Thu 9–1:30

Plagwitz family centre: Mon 11–6, Tues 9–1, Wed 9–6, Thu 9–1

Thekla family centre: Mon 9–1, Tues 9–6, Wed 9–3, Thu 9–1

### Contact partners

- Grünau family centre: 0341 2465643, [ute.simon@muetterzentrum-leipzig.de](mailto:ute.simon@muetterzentrum-leipzig.de)
- Paunsdorf family centre: 0341 6897900, [sandra.bader@muetterzentrum-leipzig.de](mailto:sandra.bader@muetterzentrum-leipzig.de)
- Plagwitz family centre: 0341 4772462, [daniela.voigt@muetterzentrum-leipzig.de](mailto:daniela.voigt@muetterzentrum-leipzig.de), [mario.dornberg@muetterzentrum-leipzig.de](mailto:mario.dornberg@muetterzentrum-leipzig.de)
- Thekla family centre: 0341 9217562, [carola.lange@muetterzentrum-leipzig.de](mailto:carola.lange@muetterzentrum-leipzig.de)
- Intercultural family education: Stefanie Ackermann and Madlen Janke  
[interkulturell@muetterzentrum-leipzig.de](mailto:interkulturell@muetterzentrum-leipzig.de)

### Target groups:

Mothers and fathers with their children, grandparents with their grandchildren, any other persons involved or interested in bringing up children

### We speak:

Our intercultural family education employees speak Arabic, Farsi, Russian and English.

## **Netzwerk älterer Frauen Sachsen e.V.**

### **Contact details:**

Herrmann-Meyer-Strasse 38, 04207 Leipzig

Phone: 0341/4251420

E-mail: [G.Kurtz@web.de](mailto:G.Kurtz@web.de)

Internet: <http://netzwerk-frauen-sachsen.de/>

### **Objective:**

We support equality of opportunities for older women (aged 45 and above).

Together, we discuss opportunities for assistance and self-help in order to improve their living situation.

We help women to find a new sense of security for their lives, a purpose in life and make contacts with like-minded women in a similar situation by means of political, economic and cultural projects and those in the social field.

### **What it offers:**

- Cooperation in social projects
- German for women from abroad and a meeting point for migrants and women within the network over a cup of tea
- Meetings with migrants and refugee families
- Concerts, literary events
- Women's photographic group
- Nordic walking group and improvisation theatre

### **Opening hours:**

Monday to Friday 10 a.m. - midday

### **Contact partners:**

Gisela Kurtz, Tatiana Liebrecht

### **Target groups:**

Women aged 45 and above, female migrants

### **We speak:**

German and Russian

## **RosaLinde Leipzig e.V.**

### **Contact details:**

Lange Strasse 11, 04103 Leipzig

Phone: 0341 8790173

E-mail: [kontakt@rosalinde-leipzig.de](mailto:kontakt@rosalinde-leipzig.de)

Internet: [www.rosalinde-leipzig.de](http://www.rosalinde-leipzig.de)

### **Objective:**

RosaLinde Leipzig e.V. combats any discrimination against homosexuals or transgender people, but also sexism and racism. Its work focuses on the problems of e.g. lesbians, homosexuals, trans-, inter-, and a-sexual people and supports their rights in order to break down any prejudice.

### **What it offers:**

- Professional advice for lesbian, homosexual, bi-sexual, transgender and intersexual persons on coming out of the closet, legal issues etc.
- Anti-discrimination project entitled “Love means showing your colours” for schools
- LGBT Refugees Network
- Event formats like readings, parties, lectures etc.
- Self-help and leisure groups
- Open bar evenings

### **Opening hours:**

Business and advice times: Mon – Thur: 10 a.m. – 6 p.m. (advice only on request!)

Bar opening times: Tues – Sat: 7 p.m. – 10 p.m. (private group evenings may take place!)

### **Contact partners:**

Tammo Wende (social counselling)

Sabrina Latz (advice for refugees)

Stefanie Krüger (school project)

Christian Rossner (association coordinator)

### **Target groups:**

Lesbians, homosexuals, bi-sexual, trans-gender and inter-gender or a-sexual persons

### **We speak:**

German, English, French, Spanish

If you require an interpreter for a different language, please let us know.

## Socio-Cultural Centre for Women's Culture in Leipzig | Leipzig Culture Factory

### Contact details:

Windscheidstrasse 51, 04277 Leipzig

Phone: 0341 2130030 E-mail: [hallo@frauenkultur-leipzig.de](mailto:hallo@frauenkultur-leipzig.de) Internet: [www.frauenkultur-leipzig.de](http://www.frauenkultur-leipzig.de)

### Objective:

Incidents of gender inequality prevent any all-round, ongoing positive development. Art and culture are the best means of enabling everybody to take part in public life. The cornerstones of our socio-cultural work have been equal rights, democracy, tolerance, integration and combating racism and discrimination since 1990 – although the gender equality aspect is a very important element.

### What it offers:

Women's art and culture in a wide variety of different genres. An established national centre for professional female artists & the young artist generation. The programme ranges from concerts, exhibitions, lectures, topical projects etc. to adventure-based events for children and even LGBT parties and regular meetings for older women...

The courses available include two choirs, yoga, belly dancing, calligraphy, a writing workshop, communicating without violence, playing the drums, dancing for older women...

**Another major focus** is the participatory work with children in fair play and anti-bullying projects or with young people in projects on democracy and tolerance.

In October 2013, the women's culture organisation opened:

MiO – the inter-cultural girls' meeting place in eastern Leipzig

Konradstrasse 64, 04315 Leipzig

Phone: 0341 – 927 35 732

E-mail: [hallo@mio-maedchentreff.de](mailto:hallo@mio-maedchentreff.de)

Internet: [www.mio-maedchentreff.de](http://www.mio-maedchentreff.de)

### Opening hours: (Windscheidstrasse 51, 04277 Leipzig)

Events, courses, initiatives: Monday - Sunday | please see the monthly programme

Office: Monday - Thursday from 10 a.m. until 4 p.m.

Exhibition: Monday – Thursday from 10 a.m. until 6 p.m.

and at all the event and course times (see programme)

### Contact partner:

Christine Rietzke

### Target groups:

Any interested people

### We speak:

German, English